

# Journey of the Soul

## Topic 5 – Good & Evil (Summary)

### 1. Spirituality

Transcendence from:

- \* Destructive behavior
- \* Addiction (drugs/drink: “I’m going to show you that I can have a good time”; money, sex, power, etc).
- \* Obsessions (eg, the success of your children, pg. 62; joy & the ‘magnificent obsession’ is just)
  
- \* Excessiveness
- \* Worldly Possessions
- \* Desires  
(who’s dream are you dreaming?; do you honestly want this marriage, this job, this motherhood, this fatherhood; this role in your life, because you want it? You want a clean blue line track; to stay on your written chart. No fault if you’re off-track – you’ll just feel off-kilter to what you should be doing. Don’t put *your* reality on your children or dream their dreams. Or get caught up in the desires of what you want for your own ego. Even the aspirations of what you think that God will do or perform is dreaming God’s dream. We do that, however. Why doesn’t God intercede? <Francine: “I want you consider that there are going to more and more visitations from outer-space entities...They are very concerned about what is going on with this planet”>; pg 39-40)
- \* Greed (the root of evil is not gold; it’s the love of gold that makes it evil)
  
- \* Stupidity
- \* Ignorance (the good fight)
- \* Base Mind
  
- \* Judgment
- \* Prejudice
- \* Bigotry
  
- \* Irrationality
- \* Fanaticism
- \* Vanity
  
- \* Negativity (easier to be negative than positive on the Earth plane)
- \* Guilt (avoid the stubbornness of guilt)
- \* False Gods (the god within you responds to your believe in a vengeful, mean god)
  
- \* Suffering
- \* Fear
- \* Death (misconception of annihilation)
- \* Specialness of Self (overcome the idea that the world “owes” you; pg. 49)

### 2. Spiritual Traits

- \* Thick-skin (don’t be hurt by every spoken word)
- \* Caring
- \* Life is an Attitude
- \* Not Burdened by Guilt
- \* Aesthetic Self
- \* Capping off of the lower/base mind
- \* Leap of Faith (to know that God, the spark of the divine, is within you)
- \* How you react to situations (not putting back negativity after receiving it)
- \* Being Positive (the ‘sister’ of spirituality)
- \* Constructive behavior (as opposed to destructive)
- \* Hygiene (to avoid diseases – biological or sexual)
- \* Bring joy, not suffering, to others (always watch motive)
- \* To love God, not fear Him

### 3. Gnosticism

- \* Tries to bring about the reality of the true God
- \* Jesus was a Gnostic and an Essene.
- \* To believe in:
  - life after life
  - an all-merciful God
  - the power of the Holy Spirit (the love between Mother & Father God)
  - Jesus Christ (Jesus was a Gnostic and an Essene, which we all are; Christian means follower of Christ; Christianity came afterward).
- \* God does not love you more if you suffer. Doesn't believe in a "Russian Roulette" God (false God).
- \* Respect for yourself & others (Jesus: "do unto others as you would do unto them")
- \* Thinking yourself into a state of awareness of aloneness (not loneliness).  
Pain and hurts from other lifetimes collect (but also the goods). Program yourself to not get addicted to the pain and hurts! We get inundated by the emotion of, "Why couldn't I have a better child, a better marriage; a better Mother; why am I alone; why don't I get a better job; why aren't my children better to me; why do I feel neglected; why am I rejected?" *That is an addiction!* Program yourself to let go of so much of the worldly things. If you realize you could walk this road alone, if everything were taken from you, then the addictions will be ripped from you. Very hard.
- \* Avoids addictions. To honor the physical self is to take care of it.
- \* Not obsessive.
- \* Does not fear death
  - \* Right Actions. Religion means "right actions or a way of belief in order to enact," the same as philosophy. It does not mean rituals. It is a set of beliefs or standards by which people live. Rituals (eg, burning of incense or candles, chanting, etc) have no real bearing on the basis of religion. We must have *right actions*. You have to be willing to give up all the old stuff (guilts and hurts). Love is an active emotion; a passive emotion is held in suppressed and eats internally. Greed is held inside; Gratitude is held outward.
- \* Don't want to be religious; want to be truthful; searching; knowledgeable, caring & loving.  
(We don't care what the Episcopalians do or what the Catholics do. Each and every one of us knows that those in their church are presenting themselves as a child before their god, and so are we).

### 4. Humor

- \* I'm glad my folks weren't Calvinists (ie, you're doomed; unworthy scum; you might as well forget it).
- \* The road of life has a few blind alleys.
- \* Welcome to Camp Deception.
- \* Spirituality Through Close Annihilation
- \* You got to wonder if the Earth wasn't colonized by scandals.
- \* Are you trying to teach me a lesson in rejection? (or tolerance; to someone who's being an irritant.)
- \* God loves him more than me, he suffers better. (parody of philosophy of horror; stubbornness of guilt)
- \* God never gives you more than you can take. Those who do get too much probably die!
- \* The world has always been in a mess.
- \* Pushing the God envelope.
- \* I ain't peddling Guilt.
- \* So smart to find Novus.
- \* Novus – sounds good on the outside, even better on the inside.
- \* What's going on? "Laughing & Scratching"
- \* Where have you been? "Spreading around my charms"
- \* Guilty of the sin of misinformation (eg, Council of Nicaea got rid of Reincarnation, not the Trinity)
- \* C.B.G.B. - Can't Blame God, Brother
- \* "New Age" – 'the Old age revisited' (Gnostic Movement)
- \* P.C. - Proficient Complainers?
- \* "I don't believe in God. What do you think about that?"  
Reply: Do you want the: 1) Nice Reply, 2) Not-So-Nice Reply or 3) the Kick-in-the-Teeth Reply?  
3) Kick-in-the-Teeth Reply: "I think you are really stupid"  
2) Not-So-Nice Reply: "Did you work really hard for that truth?"  
1) Nice Reply: "God believes in you".  
Healing Reply: (hold their hands if necessary). "It is very, very difficult not to think negative world in a negative world". God is simply unconditional Love." Unconditional love means, 'I love you', because you exist in this world. That is all I want for you and I take joy in the fact you exist" Spiritual thing (ok to give directions to "shut the door"). Don't say "you must do."

## 5. Understanding Spirituality

- \* A Loving God – God is Love. Preach nothing but love, not a philosophy of horror. God is pure, infinite love. Infinite Intelligence.
- \* Strategy: work on the (3) areas of the soul: 1) lower or base-mind (Flesh, Son), 2) middle-mind (Father God), 3) upper-mind (Mother God). That “saving” someone is to save them from the dominance of their base-mind.
- \* Intro question: “Do you like to be hurt, pain, guilt, evil, the “devil”? “Do you wish to transcend?”
- \* The early Gnostics were concerned with hygiene to avoid diseases. Concern for one’s health is a sign of respect for self – key principle of Christ Consciousness: “Love Your Neighbors, as You Would Love Yourself” (to save the world from the Patriarchal Rule; to bring Mother God into the world). Concern of hygiene caps off the lower, base-mind area of the soul. Avoid getting ‘earth-bound’ with diseases.
- \* Acknowledge their base obsession theme about life: “That is all there is”. They live their lives like Sophists or the Epicurians. They live by the motto: “Live, work, be merry, for tomorrow you will die. And when you die, that is the end of it” (the “Great Fallacy”). This is sophistic; it is an argument correct in form, but it embodies a subtle fallacy. When you die, that is not the end of it; the Spirit continues on it’s path toward perfection. “How So? How do you know?”
  - What Jesus was trying to teach: “Who knows the Kingdom and goes through me shall not taste death”.
  - The Soul Survives. Proof? Ghosts. A Ghost is someone who has not made the transition to The Other Side. A spirit has. Ghosts are very rare; most people make it to the other side after death.
  - 1<sup>st</sup> Law of Thermodynamics: “Energy is neither created or destroyed” Energy is patterning. Life/Humans is energy or patterning. Always evolving; Never began, Never ends. Always was.
  - Albert Einstein: “You can look at life two ways: everything is a miracle or nothing is a miracle”.
- \* Spirituality is a thinking person’s religion. Not a religion where you give yourself over for someone to tell you have to be saved. The truth shall set you free.
- \* The Essenes authored the Dead Sea scrolls which formed the basis of the Bible. The church in 325AD during the Council of Nicaea eliminated many of the Essenes books including everything that had to do with reincarnation. An important Essenes edict: “Stop holding on. Quit having the stubbornness of guilt”.
- \* As a child did you ask yourself: “There has got to be more to this than that?”
- \* Understand the feelings of those who are facing difficult circumstances. They feel like they are fighting in the trenches. The tragedy is if they do not know what they are fighting, that makes it worst. Explain that they are in a desert period, a dead time. The real tragedy is when nothing is learned from the pain. Gnostic action tries to bring harmony out of chaos. Gnostic philosophy preaches nothing but love. Jesus bucked the churches and the law by telling people they could go through themselves to reach God.
- \* I don’t want to save you, I want you to save yourself from ignorance. To realize that the world is full of deception; it has to be that way or you would not be perfect. Goal: keep yourself elevated enough so that you get through the muck.
- \* Use the Universal phrases: White, Grey, Dark
- \* Pulling up the seed pod: “You will find it within your own truth. Your truth will now be released so that you will be able to see it.”
- \* Always purport in your spiritual & religious teachings that God made everything White (Genesis: “In the beginning there was light...”) God did not create the Dark entity. If he did he would know of evil and would not be perfect. The Dark entity chose it. They began, in their own ego, to think they were better than the God from which they came (ie, ancient story of “Lucifer” – ‘*light-bearing*’). The Dark decided to turn inward and not gain anything spiritually (they eliminated their choices).
- \* A White entity will stay White. The problem with White is, they are so self-contained within themselves, they have a tendency to wonder off and not stay together. That is where the Gnostic movement has always been. They are self-contained, psychic, giving entities. So they spread their charms around, rather than stay in one place.
- \* White entities can be of other faiths beside Gnostic: Catholic, Islamic, Buddhist, etc.
- \* Get rid of darkness by reaching in and pulling darkness out of people. Surround your self with mirrors and then surround them with the White light. Use Azna’s sword to break off their outer shell. A Grey is vulnerable when their shell is off. Love and warmth pushes through (we all put on shells when we come into life).
- \* It’s centering of Self, not Self-centeredness.

## Understanding Spirituality Cont.)

- \* ‘The Truth shall set you free’. What Truth? Our Lord, Jesus, says (Book of James), “I tell you the Truth, whoever receives the life and believes in the kingdom what will come will never leave the Kingdom. That

- is all I am going to tell you" (speaking to Peter, et al) (pg. 124). Your dream ultimately should be to perfect for God, to get through this life to go Home and stop coming back.
- \* Syliva is about honesty – crystal clear, beautiful, God-loving honesty. (pg. 126)
  - \* Syliva: Key Beliefs: "Believe in God; Believe that you've been here many times; believe that you want to stop the wheel of rotation of your lives; believe that you want to stop coming back. You want to make it right. I want to help everyone else".
  - \* To spiritually evolve you must experience every race, every creed, every color, every continent, every aspect.
  - \* To understand the Christ-consciousness within you.
  - \* A white entity knows that there is something greater than themselves and worships that greatness. Grays are agnostic (belief that God is unknowable). In essence that say, "I deny everything. I do not believe in anything. I am afraid to believe in anything". "I do not know if there is something there; I hope there is, but I do not know.
  - \* Churches have the prayer: "St. Michael the Archangel defend me in battle!" Translation: "Defend me in these times of trial and travail"
  - \* That your life will be better if you don't play into the "hands of Darkness". To not let your sorrow and suffering turn to wallowing and being a victim.
  - \* Every bad action or thing that is done ill-motive is retributive. Universal Law. Karmic Law. (always look for the motive).
  - \* Raheim: Spirituality teaches you to center yourself, to become your own person. Not the punching-bag of the world. That is the "I am". You prevent being fragmented by the thought-waves of other people, other places (note: you are still a sponge, however; avoid absorbing the chaos.
  - \* God is love. The more you share your love with others, help others, the greater your God becomes. That God becomes so large that it overflows and it touches the hearts and hand of everyone. Must have the courage.
  - \* Learn not to put conditions on people.  
Sylvia: "What we are aspiring for now is to get through this life, and find people that Unconditionally Love us. More important than anything, my dear friends, is your spiritual belief, because that is what saves you. No church saves you. No religion saves you. How you feel about your soul saves you. I do not mean "saves" you whether you go to heaven or hell, because this is hell. This is hell. This is where hell is. But what makes it possible that you do not have to keep revolving into this stupidity again. We are trying to graduate, aren't we? Trying with all our hearts to graduate, and we will graduate!"
  - \* Avoid "Complaint Proficiency". Human beings as a group are really good about complaining. We complain to our parents for bringing us into the world; complain to our teachers for educating us; complain to our bosses for employing us; complain to the merchants who cloth & feed us; complain to the lovers & spouses who embrace us; complain to the children we summon to join us; complain to the maker for starting the world for which all this happens. Now its ok to complain about injustice; but we practice complaining so much and on such minor issues that we become too proficient. And then we complain more because we are confident we are good at it. Expressing gratitude or appreciation does not come easily to us because we practice it so little.
  - \* Avoid "Complaint Yearning". So many want a situation to be perceived as bad because it can take some pressure off us. If times are tough; others are being unkind or unfair; you received some unpleasant news; you wanted something but didn't get it; or you loved someone and were not loved in-turn – clearance is given to feel sorry for yourself. When you are feeling sorry for yourself you don't expect to help others or to show them kindness or to do important things. Or even to stop to "smell the flowers". When you've got a grievance against the world, all the pressure is off.
  - \* Gnostic Believe is not for everyone ("take what you like and leave the rest behind")
  - \* The essence of spirituality is to find yourself and your God within and the God without and to fight the battle against negativity. To extend goodwill in the light of adversity and to know that good will be challenge.
  - \* The 'Now'. For all time we are all there within God. We were there even in the 'beginning.' The evolvement then was to make all of us in reality, a human force or an essence. Then you were to perfect, and actually become the perfect counterpart of this intellect. But you had to go through a series

## Understanding Spirituality Cont.)

in order to be worthy to be the other side of this perfect entity. This is where it is all going. As perfect as God is, for lack of a better word, he lacked “experience” (the emotional side). The only way He can be fulfilled in His Now, His time, was to experience though all of. That would give Him, not only total knowledge, but total experience. Raheim: as Sylvia says, “The only way to understand the ‘Now’, is to make a circle, and then step out of it.” The minute you get into it, you will have trouble. When you say everything is happening in the “Now”, you cannot handle it. You are too time segmented. That is the part of the journey this is so important. He already knows it, but the part of you (the child) is the part of that sparkler who must know it. So you know it both ways. All love is really the search for self love.

\* Perfection of the Soul – acceleration (cap of the Lower Mind)

\* Levels of the Soul. No such thing as a “higher self”. You are in full essence here. Why? You could not learn unless you were in full consciousness. So you are responsible. Three key levels of the Soul:

### 1) “Upper Mind” (Mother-Aesthetics)

“Ethereic Mind” or higher consciousness, Universal Mind. The Etheric mind is the memory source, the Akashic Record source – knowledge of all lifetimes (infinite). It has the *direct connection* to God; the Psychic Mind, Telepathic Mind, the Kinetic Energy Mind. The one that when you pray and you ask for miracles and you want them, address the Etheric Mind to be open enough to receive infusion (the ‘Passive Mind’ and the Power Source are all the same Mind).

### 2) “Middle Mind” (Father-‘Iam’)

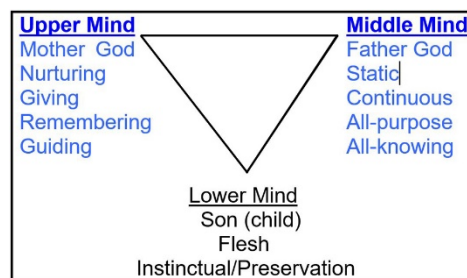
The Middle Mind is the processing mind or Work Mind. The Middle Mind has creative force, but it does not have the creative force unless the channel is open to the Etheric Mind. The Middle Mind is the “The You Mind”; the sum-total of your personality; your uniqueness (with all the quirks & smirks). It is the essence of you as yourself in life *and* on the Other Side.

### 3) “Lower Mind” (Son-Flesh).

The instinctual mind; the “Cave Man Mind”. Not a processing mind, but a preservation mind. It says: “I deserve; I want; give me.” Like a child that wants and grabs and needs and cries and is petulant. If unchecked, the Lower Mind can be the vehicle-destroying part of the mind by ‘leaking’ up into the Middle Mind and invades the you, the “I Am!” (eg, “I want liquor, it tastes good”; “Eat chocolate all the time; it tastes good”; “I want to serve myself in any way I can to reward myself”). (Not easy in early times, since nothing was really available). Cap off the lower mind by saying “I want my lower, base self, my instinctual, animal side to myself, my survival side of myself, to stay in its rightful place”.

On the Other Side you only have Upper & Middle Self – no Lower Self. The Lower Self is the detriment of most of mankind. No control. The widespread phenomena going on in the world is called “Lower-self is in rule!” Lower self says, “Bare arms—go out and shoot people—have gangs.”

To answer the question, “*What part of my soul is my soul?*”, it is three (3) parts. The part you leave behind is the Lower Self. Bring yourself up to the “I am” and into the aesthetics. Despair pulls you in the Lower Mind. Within despair is futility, and in futility you truly become earthbound. And becoming earthbound, then you get into the “poor me”. Then you really begin to reside in the body instead of above the body.



\* Superior spirituality resides in the intellect (emotion climbs to it; pg. 59)

\* Principle of Reincarnation. The Council of Nicaea (325) & the Second Council of Constantinople (553) got rid of reincarnation (not the Trinity). (“The <spiritually> Meek Shall Inherit the Earth”)

## Understanding Spirituality Cont.)

- \* That you choose your family/environment (eg, rich, poor, bigoted) and behavioral situation (eg, family of rejection)
- \* Duality of God (Mother-Azna; Father-Om) & the God Within
- \* The God inside of us is brilliant and shining and tall and straight and healthy. Our Christ Consciousness is intact.
  
- \* That life on Earth is 'Hell'; a 'boot camp'. Why? a place to learn; how you improve thru adversity. We have to just tough it out and eventually we graduate.
- \* Good deeds (magic swords & armor)
- \* Gnostic Bible: Leviticus (rules of hygiene; right action: "Love thy neighbor as thyself", *Leviticus 19:18*)
- \* Staying on track (White entities suffer; Greys don't notice or care; Dark's purpose is to derail)
- \* We all keep out personalities on the Other Side (pg. 36) (subtext: "I'm not going to let you or anyone change my personality")
- \* Why go to Church? To open up your channels to God and to infuse you with grace (rapture). Why? To avoid wandering and getting hurt; to avoid being a "hungry ghost". To stop the fear, the negativity, the anguish and the hell-fire that stunts spiritual growth. You cannot accelerate, you cannot channel, you cannot hear God speak if you are stymied by fear and guilt. Don't become the Anti-Christ. The rapture is your own rapture of being face to face with almighty God.  
Man was supposed to socially meet and talk to and be with others and receive grace. Communion is doing something conglomerately. The grace of coming together and touching each other's God-center. Don't be thrown off about the horrors that are supposed to await mankind. Stop with being hurt by so many things. Do not get so into yourself, so earth-bound, that every single word spoken hurts you. Be thicker skinned. Why? To stop the fear, the negativity, the anguish and the hell-fire that stunts spiritual growth.
- \* Fear breeds Fear (negativity begets negativity)
- \* It is hard to search for your spirituality in a world fraught with negativity.
- \* Spirituality does *not* require rags and dirt and penance. When Our Lord said, "Give it all up," he did *not* mean you had to give up material things, but to give up the negativity, the layers of behavioral overlays. To shed the old skin of what you carried with you.
- \* That when we were on the Other Side everything was available to us (pg. 58). Don't be in a state of bereavement (lack of nurturing). Watch the addiction – lifestyles, people, mind-set (not easy). Necessary to be addicted to life or you wouldn't be here. Understand that all this is very transient. Don't let the addictions take over the higher mindedness. Goal: live well and have a rich soul.
- \* Your wants have nothing to do with your chart (wants are a physiological thing). You had total free will on the Other Side.
- \* The very thing you think is so wonderful, the instinct, is the very thing that sometimes defeats spirituality (and yet it must be there!)
- \* Spiritual responsibility: we choose our parents, situation, etc. and sometimes we make a poor choices (in a hurry to get in) and, for example, get a parent that is demanding or controlling. Don't suffer from the pain of being abandoned by your parent. Who cares! Be abandoned by them. But don't abandoned yourself – don't get trapped by psychological addictions because you didn't get enough 'cookies' when you were little. You'll end up stuffing yourself with food, alcohol, drugs, all in the name to satisfy yourself. In the end your health/spirit will deteriorate. Who have you shown? No one except you! You have abandoned yourself. An addiction always turn inward.
  
- \* That pain is to strengthen the soul. If you didn't learn the lesson the pain is lost. In order to learn, every man has to have something negative to push from. Negativity is a fence by which one must scale.
- \* Of Soul-Mind. That Soul-Mind says: "We have had enough of you. We are tired of this." (sometimes the only way to go through it is to chew through it).
- \* The more spiritual you become, the more alone you become (and the more free you become – of the addictions).
- \* That hate is more powerful than love (on Earth)
- \* That Greed is at the heart of every "sin".
- \* That love is an active emotion – you have to express outwardly (eg, give a flower, hold a hand, touch). A passive emotion is greed – it is held inside. Gratitude is an active emotion.
- \* That religion is to give hope, help, a shoulder to cry on. To help understand our daily lives.
- \* Ok to have righteous anger – not unfounded malice & cruelty.

## Understanding Spirituality Cont.)

- \* Ok to judge wrong actions, but not to judge the soul of another.
- \* That other religions grew because of the fear trap (eg, everlasting damnation).
- \* To replace guilt with compassion – caring and understanding. “I care by choice”
- \* To know that you are a spark of the divine.
- \* That having the behavior of vengeance, lying, rudeness, cruelty, ego does not constitute a Dark or Grey entity.
  
- \* That new societal forces are against the idea of “keeping your family close & holding on tight to them.” New forces of societal infringement; stress that children must go through. Mothers can't repeat the same thing as in past lives.
- \* Of cellular knowledge.
- \* Mission Life (Nuvo I) and Example Life (Nuvo II) entities.  
Francine: Example Life entities are terribly difficult for the simple fact that they have to go through every know trial and tribulation. Usually their lives are made public, and they have no aloneness. They must suffer so that everyone on this earth's plane and the Other Side can say simply, “If they did it, so can I” The Mission Life entity also suffers excruciatingly, but knows that they have this Spiritual Mission in which they must accomplish. They feel unrest by everything that they feel or do unless they are doing something spiritual. They feel restless; feel tired; out of sync. On the other hand, Example Life entity has tremendous amounts of energy. Important to know the difference, because some of you are Example Life entities and some of you are Mission. Possible to change your course. Hard to track the either two since that write their Akashic Records as they go. When they jump out with a parachute, they do not know whether it is going to open or not. Example Life (Nuvo II) are more numerous than Mission Life (Nuvo I).  
Other White entities who do not come from Nuvo I or Nuvo II write their Chart and their missions out. They pretty much know they are going to become a Helen Keller, an Abraham Lincoln; missions are set.

We are all 30 on the Other Side and on Nuvo. The white planet is called “Nuvo”. “Nuvo” means “new”, but it is not new, it is from the “beginning” of time (French language is rooted in many Ancient languages). The White Planet contains 44 major Mission Life entities in the heart or kernel (44 duplicated itself over & over – 44 Themes); 7 rings; approx. 220 entity per ring. Nuvo contains Gnostics (Truth Seekers), & White entities. They come to Earth to create a higher elevation to the planet; but they do not understand why they are here after they come. In essence, they “bite off more than they can chew”. They keep rotating through lifetimes on every planet until it's demise; make sure the planet is saved for the White; that most Grays turn White. Thus a religion is started; old people's home are started; children's hospitals are started. Knowing that you know you are from Nuvo (or Novus) explains why you have always felt displaced; of why you have spirituality that is not unlike others. As a child you've said, “There has got to be more to this than that!” Why as a child you experienced depression. And if you came from a home that might be classified as good, you did not feel that you belonged. You felt that you were adopted. You did not know what your Mother or Father were about. Even though they might have been good people, you did not quite understand them. You are from another planet and that Other Side is very strong (explains why you are fraught with certain depressions; why your body is so terribly heavy, and why you cannot do more than you want to). One of the most hateful and horrifying things you had to do was to come to the Dark Planet (Earth). Nobody is going to rescue anybody from this planet. The only way you are going to get off this planet is to die. People who come to this planet and observe it, find it to be unbelievable insane. When you came here you could not understand why you had to be a different color, a different group. Races are unknown on any other planet except this one. There is no such thing as race or creed on Nuvo.

Your guides took on the mantle of trying to help you the best they could. Please be elated and suffused with grace....You will have time to do something to help other people. If you choose not to, the very fact that you have made known to yourself your own spirituality, your own spiritual quest is enough. That you have become in love with yourself, and the spirit that moves within you. The spirit of Light moves through you from God to enlighten the dark corners of the world.

Now most of you are not going to go anywhere after this one! This has just about done most of you in as far as going into planetary lives. This planet is probably one of the hardest challenges that any Nuvoite has experienced. This is the planet by which all evil come from. You are in the kernel of the home base. You will visit other planets. You will help with research. There are trillions of other planets

## Understanding Spirituality Cont.)

that you go and visit, and then maybe even eventually want to incarnate on also, but you will never, ever come back down here again. Most of you have spent too many lifetimes as it is, trying to wade through it. When you come in as an Example or Mission Life, you just do not do one life. You build up over a period of time to get ready for the last onslaught. You go through the whole school in order to acclimate yourself to the plane, until you come into full power. So most of you had 30, 40, 50 lives to get ready for the big one. Sylvia had 54 lives before she dared to walk out on this stage of life and say, "I am going to start a religion".

- \* You must give permission to your Spirit Guide to read your mind; otherwise they cannot.
- \* That there is a power in sticking together. If you stick together no one can harm you. Don't stick together in a needy way, but together in a prayer force (belief force).
- \* That communicating guides will feel pain because they are humanized (ie, that have incarnated before). If not, they would not care about our feelings.
- \* You are not only fighting for your perfection, but also elevating yourself to the level of a Warrior and a Teacher – a "True Universal Administrator."
- \* That as you perfect more you suffer more. You are always evolving.
- \* That the Bible is filled with false information (eg, sacrificing children), but also filled with divine inspiration and light (eg, psalm 92).
- \* That your purpose is to perfect to your desired level of perfection and then to remain on the Other Side for eternity.
- \* That if you charted a wrong action (eg, murder), you charted a wrong action with someone else who want to experience that action (eg, want to be murdered). The white entity charted himself to be a "sacrificial lamb" to bring about a greater good. One entity needed to understand the theme of Victimizer and the other the theme of Victim. A murder could be a White entity! Moral of the story: you cannot judge the soul (but you can condemn the act).
- \* There's lot of religions that say: "Everyone who does not belong to us is awful"
- \* That each planet has its Other Side.
  
- \* That when someone hands you or gives you something negative, say to them "Thanks, but I do not accept that" (finger over your 3<sup>d</sup> eye). Take charge of your vehicle and rip out that negative implant. Something negative makes you experience anxiety or dread.
- \* That White entities need to fight for the right and not to "crumble". Put on your armor and go out for protection. The Whites don't have killer instincts; just lazy instincts. We're not in our right dominion, we take longer. Great effort to get your armor on. No effort at all for Darks/Grays. Christ got crucified because he didn't fight. So did Joan of Arc. The crucifixion pattern will repeat if we don't fight.
- \* That salvation really means saving –saving yourself to get back to The Other Side intact. And not because you want to believe in Christ or God or the Holy Spirit (they are going to believe in you).
- \* That you do not have the right to be negative! (or be rejected).
- \* That there is no sin in pride of self, of accomplishment ("I did great when I did great")
- \* That to "love God, do good, shut-up and go home."
- \* That intellect controls emotion. In tune with yourself. Your line is open to the Guardianship of the Mind (God's connection).
- \* That if you have not succumb to self-deception you will know your god-center. Have a belief system; a structure; faith in yourself; knowledge of where you are going – you'll reach your god-center.
- \* That to be safe keep a White Light, a Gold Light and a Purple light around you.
- \* That god is plural (male/female)
  
- \* That ignorance means separate from Light and Enlightenment.
- \* Spiritual knowledge means 'the growth of'.
- \* That to know White is to observe how they live (not that they use Christ's name). Actions speak louder than words.
- \* To know that very White people can be very self-serving and have decided disposition. And they can be very irritating.
- \* To know that White people cry "psychic attack" to foster the notion that they are important. "I'm so important, so holy, that the darkness just wants to attack me". Understand that it's a spin-off of the martyr complex—that "great souls suffer the most".
- \* That motive is everything. If you do bad things karmic retribution will happen.
- \* That unconditional love means, "I love you, because you exist in this world, That is all I want for you and I take joy in the fact that you exist." Spiritual thing (ok to give directions like "shut the door"). Don't



## Understanding Spirituality Cont.)

say “you must do”. Rid yourself of the desire to get people to fit into a preordain norm. To want them act the way we want them to act.

- \* Don't ask who is going to love you. Ask who you are going to love. If you, do ask “who is”, you've got it closed off. If you really embrace the concept or whole truth that there is a spark of God in every single person, you will love that spark. You do not have to love what the person does.

### 6. Jesus

- \* Jesus was a direct report from God.
- \* It does no good for man to gain all the material possessions in the world, but to lose his soul (pg. 58).
- \* Don't cast your pearls before swine (ie, 'Children of the Lie')
- \* “If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you” (Gospel of Thomas).
- \* “Give it all up and follow me” (give up the hurts & hostilities, negativities, guilts, overlays)
- \* “Pray like this “Our Father...” (pray as a group; to pray in isolation is not good; “Two or more gathered together in my name”; not just his name, but any name that called out to God; If you are alone, think of yourself as a pearl strung with other pearl.)
- \* “Bring forth the bad or it will destroy you” (greed is held inside)
- \* “You reap what you sow” Instant Karma; Law of the Universe; ‘Karmic retribution boomerang effect’ – especially true with malicious intent. Taking the attitude “I'll take my chances” or “I do not give a damn” (when doing bad deeds).
- \* ‘Everything is love. Love comes from the Father – our love comes from the Father.’
- \* ‘Ask and he shall receive’ Call on the angles of light (when you're in pain, depression or suffering)
- \* ‘Even the best of men fall seven times a day’. “Fall” refers to Man's estimation of himself. Don't ever think that God will be mad at you for doing wrong. All God has is Unconditional Love. If God is mean, nasty, hateful and vengeful, he is a false god.
- \* Jesus did not “sell out”.
- \* Jesus did not say that he died for your sins. Novus says that these two thoughts from Jesus form the basis of Christianity:
  - 1) “Love God with whole heart, mind & soul” (Matt. 22:37)
  - 2) “Love thy neighbor as thyself” (Leviticus 19:18).Also, to ‘Seek and you shall find’ (spiritual discovery)  
Saying that ‘Jesus died for your sins’ is suppose to be the convincing logic to believe ‘in Jesus’. The Gospel of Thomas gospel encourages us not so much to believe in Jesus, as John requires, as to seek to know God through one's own, divinely given capacity, since all are created in the image of God. Thomas teaches that God's light shines not only in Jesus but in everyone (except dark entities).
- \* Jesus planed his death. According to the Gospel of Judas, Judas Iscariot was acting on orders from Jesus when he handed him over to the Romans. Jesus said to Judas, ‘Step away from the others and I shall tell you the mysteries of the kingdom. It is possible for you to reach it, but you will grieve a great deal...You will exceed all of them. For you will sacrifice the man that clothes me.” Judas's theme is ‘Catalyst’.
- \* ‘My Father's house has many mansions’ (past lives ‘Mansions’ are different human vehicles)

### 7. Thoughts

- \* White POV: “Be nice, play fair and be happy”
- \* Dark POV: “Be mean, play unfair and be happy”
- \* If you live long enough, you go through everything.
- \* If you do not listen, you have to learn.
- \* “When I was a child, I thought as a child. But now I am older, I think older”
- \* Bind your enemies' mouth with the purple color of spirituality.
- \* We have been told that man can only be keep good if he has fear; that man can only be kept under control when he is terrified.
- \* Tell yourself “Go with the grace of god, go with God” (don't pull in, focus outward – one must believe & calm down)
- \* Pride is a form of ego (eg, take pride in your bravery; but don't be smug)
- \* Make a prayer not to experience situations that can scar your soul (otherwise you'll need to cocoon – to come to the Other Side whole).
- \* Pray for all the White Entities (not the Grays or Darks); they are the ones exposed and alone.

## Darkness

- \* That the Dark forces conspire to make you depressed and fated. They make you feel “what’s the use?” Don’t succumb to this mind-set.
- \* That the Dark entities get preference to come in because it permits the White entities to perfect over them. Otherwise they would be barred. Without negative energy or entities you would never perfect (don’t let your suffering get lost). Otherwise life on Earth would be the same as The Other Side (pg. 110).
- \* That when you battle Dark they feel power. Better to walk away from them. No reason to confront a Dark entity. Nothing will be accomplished. You will be fighting a losing battle. Watch out for the clever ones—they can wear a cloak of goodness. Don’t fight it, get rid of it!
- \* That the rise of goodness (the Gnostic movement) will be matched by a rise of evil (eg, cults).
- \* That Dark entities do not go to the Other Side (not allowed). Their place is on the Earth’s plane – earthbound.
  
- \* How to Identify a Dark or Grey entity: 1) doesn’t care to hug that much, 2) doesn’t get too close; 3) doesn’t extend a hand to anyone; 4) never reaches out to anyone; 5) you get the shivers when you get close to them; 6) very bigoted; 7) not smart enough to grasp; 8) doesn’t want anything new; 9) doesn’t want to grow; 10) no feelings, does not care.  
Darks can also be wondrous: composer, writer, artist, etc. Salvador Dali was Dark. The ‘devil in a beautiful face’. Big clue: they always want something for themselves.
- \* If you take a White entity and you audit them on their motive, they immediately adjust. A Dark entity just goes right on and keeps doing the same thing over again.
- \* That a Dark person’s thinking is totally materialistic. “Every man for themselves. It’s dog-eat-dog. Too bad if I step on you; you should of not been in the way!” They take joy in destruction. Pride themselves on being ruthless, having no conscience and being a sociopath. Total lack of morals. Earth is their dominion; where they rule.
- \* That evil entities cannot possess anyone’s mind (only White Mystic Travelers can). Organized religion has got it backwards: White can invade, but Dark cannot.
- \* Identify a Grey entity: seemingly possessed by bad, constantly worried about evil and darkness. No one who is of goodness cares about that ridiculous stuff. They don’t even think about it.
- \* That at the bottom of all wrongs is GREED. Out of greed will come jealousy, avarice, hate, cruelty, malice. Out of that single egg come everything. Greed will push Gray to Dark.  
**So what is ‘Evil’? Greed (if it’s not God-centered).**
  
- \* That Dark entities are very, very disruptive; they recycle and never go The Other Side. They never go to a higher power of good. You do not have the luxury of time to try to save or heal a Dark entity or a Roboted one.
- \* That “Children/Adults of the Lie” are separate from the Light of God (that makes them a lie). They cannot be charted; they have no track. They are totally manipulated by Dark entities. They are totally roboted. These people can change faces on you; change in midstream. And they can hurt you. Their behavior is sociopathic. They have no guilt and no remorse. ‘Children of the Lie’ are very untractable. They are offspring of the Dark (Raheim’s & et al assumption). They do not respond to White Light, Christ-Consciousness, Holy Spirit, Not even close—it’s not in their frame of reference. That can wreck more havoc than a dark entity. They put you in compromising positions—in legal battles, in harm’s way. They are very smart in manipulating people (Dark entities are very primitive).  
Note1: a flood of them are coming in. The Dark gives its best shot towards the millennium of a planet. ‘Children of the Lie’ will even profess to be “spiritual” (hard to discern; watch out for the cloak that is advantageous to them).  
Note2: ‘Children of the Lie’ work in groups & have no soul; Dark Entities work alone & has a dark soul.
- \* Message from the Dark: “If all of you people don’t show up, something will terrible happen to you”. This is ridiculous.
  
- \* Message from cults: “How great I am”. It’s never “how great you are”. They are not in for information. They don’t want to give you any tools of protection so that you can live your life on your own. They are interested in their own ego. Watch out when they say: “If you move away from what I say, then you will be damned or hurt”.
- \* That you can’t hurt a Dark entity, even if you kill them; they just come back to the next vehicle. You cannot hurt something that is beneath any feeling or emotional understanding.
- \* The Dark have more power because the Earth is a negative planet. It’s a place for White entities to learn (not darkness whatsoever on the White Other Side). White learns, overcomes and survives. Dark has a conscience to destroy. Robots do not; they are programmed to destroy. Robots are guided. Whites are on their own and don’t listen to their Spirit Guides.

## Darkness Cont.)

Robots are in leadership positions (no power in follower). They always have the answers and are very full of themselves. They can't destroy you or put a 'curse' on you. But they can make you get off kilter and make you feel like you are crazy. They can create tremendous depression in your life. Their big thing is depression and despair. If you let that hold of you they will congregate towards you. Darks have no loyalty, "no honor among thieves", only "loyal" to their greed. Robots get linked with drugs and alcohol. Robots give up easy; faster than Dark entities. A Dark entity will dog you.

\* That Greys are agnostic.

\* That the angel of darkness feeds off despair, loneliness, rejection, alienation, pain. The forces of darkness can't physically hurt you, but they can disrupt your thought process. To dispel darkness, call on the Warriors of Light (Archtypes & Archangles). You must ask! Because planet Earth is their domain! They rule here.

Note: whenever there is a greater amount of light, dark will congregate more heavily.

\* That the minute you die you escape hell (planet Earth). You are released from it. You are released from the Dominion of the Dark. The story in Genesis had it right that man had to go down to this Earth's plane to gain knowledge. Why? Because in paradise one cannot gain knowledge of fighting darkness. In adversity is where knowledge is gained.

\* That the purpose of Light & Dark conflict is to teach the Light of the other side and learn from the experiences that Light is going through on the earth plane. This stops people having excessive lives.

\* That drugs and alcohol weaken your defenses against the Dark. There is no physical sanctuary to take refuge. Not on this plane! The only way is to bond with the White Light. Use the Tool of Protection (Topic 3): surround yourself with a golden White Light. Call on the Archtype, Archangles, on Azna with her sword.

\* Do not damn or hurt the Dark. Leave them alone. Let them follow their own path. Bless them and give them to God. Let God deal with them; you're not equipped to do that on this plane.

\* That's its ok to have sorrow (eg, a death of a love one, a job loss), but not to wallow in your pain and suffering. You will play right into the hands of the Dark. This is meat they chew on!

